

# Grilled White Asparagus

by Chef François Mermilliod
















**Serves:** 4 px

**Preparation time:** 35 minutes

**Cooking time:** 2 hours 45 minutes

## INGREDIENTS

4 large pieces	Espárrago de Navarra		Spain	
3	Egg		Denmark	
100 g	Pecorino Romano		Italy	
to taste	Sea salt		Malta	
150 g	Ham		Spain	
200 ml	Butter		Ireland	
100 g	Olives		Greece	
1 unit	Flaxseed Oil		Italy	
1 TB	Water		Local	
100 g	Breadcrumb		Local	

## PREPARATION

- 01 Peel and blanch the asparagus in salted boiling water for 8-10 mins, cool down in ice bath.
- 02 Blend the olives in a blender, add the breadcrumbs & dehydrate in 100 degrees oven for 2.5 hours.  
  
Make an hollandaise by whisking the egg yolks with the water over a boiling pot till it gets foamy.
- 03 Take off the heat and add the clarified butter bit by bit until the sauce becomes thick and shiny. Add the cream, lemon zest, lemon juice and season with sea salt.
- 04 Panfried the asparagus in a pan until golden brown, put on a plate, add the hollandaise sauce on top and the slices of Serrano ham & the shaved Pecorino on top.
- 05 Add the olive crumble and serve.

## EU QUALITY SCHEMES



### PDO

#### Protected Designation of Origin

Products under this category have clear and indisputable links to the place in which they are produced. This means that all aspects of production, preparation and processing take place in the specific region of origin.



### PGI

#### Protected Geographical Indication

This label specifies a relationship between the region and name of the product. Part of the production (at least one stage) takes place in the region in order to qualify.



### The EU Organic label

This label ensures that products certified as organic have fulfilled strict conditions on how they must be produced, processed, transported and stored. The logo can only be used on products when they contain at least 95% organic ingredients and additionally, respect further strict conditions for the remaining 5%.



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